



RETHINK HUNGER

2016 GRATITUDE REPORT



COMMUNITY
FOOD BANK
OF SOUTHERN ARIZONA

OUR PURPOSE

The Community Food Bank of Southern Arizona responds to the root causes of hunger and restores dignity, health, opportunity, and hope to people living in poverty.



WE PARTNER

We distribute fresh produce and non-perishable food to a vast network of community partners throughout the state and across the country. We share resources with local agencies, health institutions and government to revitalize neighborhoods and build a stronger food economy.



WE SUPPORT

Recognizing food is just the beginning, we create neighborly spaces where people meet each other and build support networks while learning how to grow their own food and eat healthy. We help people grow their job skills and invest in low-income food entrepreneurs. We offer capacity building grants to local non-profit organizations that share our vision and need help growing their programs.



WE ADVOCATE

We provide training, leadership development and civic engagement opportunities to empower individuals to make real and lasting changes that affect their health and well-being. We promote sound policies and practices that help lift people out of poverty and strengthen our food system.



WE CONVENE

We convene leaders from local and national organizations to share best practices, discuss critical issues related to hunger and launch actionable plans and partnerships to end hunger and cultivate a more just food system.



DEAR FRIENDS & NEIGHBORS,

We are inspired every single day by your extraordinary compassion.

Because of you, a young boy is eating a warm, nutritious meal before bed. A family has access to fresh, locally-grown produce. A neighborhood is connecting over a shared community garden.

Our community has hope for a better future. **You are making that possible.**

You've given your time and money to make our community a better place to live, but you've done more than that—you've joined us as partners in our vision of a healthy, hunger-free community. We are humbled by the continued generosity of our dedicated supporters, and we're grateful to live and work in a community that embraces the needs of others.

Your support does so much more than feed the hungry in southern Arizona. You are helping us build pathways out of poverty for local families and individuals, introduce kids to gardening and healthy eating, invest in small farmers and local food businesses, and build community spaces where individuals can come together, connect, and share resources.

With your help, we remain committed to ending hunger and to fostering an ongoing dialogue about how we can best serve our community. We've developed new strategies in **Health & Food, Community Education, and Community Development** to address the root causes of hunger. We've changed our look to not only honor our past, but to help guide us toward a future where everyone has enough good food on the table. We are leading the way to a healthy, hunger-free community.

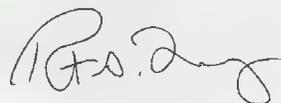
You are the heart of everything we do. We are so excited to share the next generation of our work with you.

The solution to hunger starts right here in our community—and it starts with you. As we look toward our future, we're heartened to have you on our side. Thank you for your loyal partnership.

With deep gratitude,



Michael McDonald
Chief Executive Officer & President
Community Food Bank of Southern Arizona



Robert Mohelnitzky, MSW
Board Chair
Community Food Bank of Southern Arizona

You are the heart of everything we do. We are so excited to share the next generation of our work with you.



HEALTH & FOOD

Having adequate food to live a healthy life is a basic human right. That's why providing immediate hunger relief to our neighbors in need continues to be the core of our work. With diet-related diseases on the rise, particularly among families living in poverty, we strive to provide access to healthy, nutritious foods.

PUTTING PRODUCE ON THE TABLE

With 30% of the country's produce growing in or traveling through Arizona farmlands, and 5.9 billion pounds of produce coming through the port of entry in Nogales annually, we are one of the most agriculturally rich areas in the nation. Unfortunately, much of that produce goes straight to landfills—and that's where your gifts make a difference. By partnering with St. Mary's Food Bank Alliance, we've been able to focus more of our resources—staff, trucks, and infrastructure—on rescuing fresh, nutritious produce that would otherwise go to waste and getting it to the tables of people who need it. With your support, we distributed a total of 15.6 million pounds of fresh produce across southern Arizona, a 63% increase over last year.

YOUR IMPACT



12.1
MILLION POUNDS
OF PRODUCE WERE
DONATED IN NOGALES



83
PRODUCE COMPANIES
IN NOGALES PARTNER WITH
US TO RESCUE HEALTHY
FOOD FROM LANDFILLS



52
TRUCKLOADS OF MELONS
WERE SHIPPED TO FOOD BANKS IN
23 STATES ACROSS THE COUNTRY



DANA YOST

Director of Food Sourcing

"There's a tidal wave of food out there," says Dana. "There are millions of pounds of fresh fruits and vegetables going to waste, and there are thousands of people in our communities who don't have access to healthy food. My job is to connect those dots." To Dana, it's about more than just feeding people today. "Our work is about social justice. When we have access to resources that others don't, we have to share."

Volunteers are the heart of the Community Food Bank—we are grateful for YOU!

Volunteers contributed more than 195,520 hours of their time

Last year, more than 2,000 people like Amy gave 195,520 hours of support. That's the equivalent of 93 full time employees – a savings of \$4.3 million in staffing costs. Thank you for your partnership – you are making a difference in our community!



**AMY
HOLZGRAFE**
Volunteer

"I like to make people smile," says Amy. "It's amazing to see how people react when you hand them carts full of food." Amy has been volunteering for over five years in our Tucson pantry, where she helps distribute emergency food. "I see people cry—they look at the food we're giving them and they cry. They're so grateful. I've seen so much compassion and humanity here."

DOUBLE-UP SNAP

PROVIDES ACCESS TO FOODS THAT LOWER HEART DISEASE

Good food costs more. That's why we continue to invest in our Double-Up SNAP program that offers food stamp participants up to \$20 in a free "match" when they purchase locally-grown produce at one of our farmers' markets. Economic health studies by the USDA have calculated that every \$1 spent on fruits and vegetables equals a \$3.61 savings on health care costs for heart disease. With your support, SNAP-related local food purchases saved the public \$133,570 in health care costs associated with diet-related disease.

YOUR IMPACT

 **47**

MILLION SERVINGS
OF FRESH FRUITS AND
VEGETABLES WERE DISTRIBUTED
THROUGH ALL CFB PROGRAMS

 **\$37,000**

IN SNAP MATCHING
WAS PROVIDED AT OUR
FARMERS' MARKETS—
QUADRUPLED FROM LAST YEAR

 **\$133,570**

HEALTH CARE SAVINGS
IN HEART DISEASE
PREVENTION THROUGH
DOUBLE-UP SNAP

*Poverty is linked to obesity, diabetes
and other serious illnesses*

BUILDING

A BETTER FUTURE FOR OUR CHILDREN

When we provide food that keeps kids healthy, we do more than feed them for a day—we inspire brighter futures. We're committed to making nutritious food accessible and convenient for children and families. Last year, our 22 after school meal and snack locations served over 80,000 meals and snacks to 6,500 kids, and over 1,500 students participated in the Food Safari nutrition education program (made possible by 1,150 hours of volunteer support). When kids don't have to worry about hunger, they can focus on learning, growing, and giving back. With your support, we're building better futures for kids in our communities.

YOUR IMPACT

 **158,812**

HEALTHY MEALS AND SNACKS WERE PROVIDED TO **8,472 CHILDREN** THROUGH ALL CHILD NUTRITION PROGRAMS

 **298,986**

FOOD BOXES WERE DISTRIBUTED TO **207,032 FAMILIES** AND HUNGRY INDIVIDUALS

 **1,500**

STUDENTS PARTICIPATED IN THE FOOD SAFARI PROGRAM

One out of every three children goes to school each day and tries to learn on an empty stomach



JENNIFER CAMPBELL

Teacher at Prince Elementary School

"Some of these kids, they don't have any food at home at all," says Jennifer. "They only eat when they're in school. That's normal to them." Jennifer teaches second grade at Prince Elementary School and helps to identify students at risk of hunger. "When an eight-year-old asks if you have any extra food, or when you see how excited kids are to get a backpack full of food—it's heartbreaking. My hope is to be a positive impact on the children in this community so they, in turn, are inspired to succeed and give back."



COMMUNITY EDUCATION

Because we believe lasting societal change happens only when individuals are empowered to advocate for themselves, we are developing multiple pathways for community members and organizations to convene, learn, and share action plans to affect real change.



MORE THAN FOOD

CULTIVATING HABITS FOR FUTURE HEALTH

When people are connected to where their food comes from, they develop healthier eating habits that will impact them for a lifetime. Our Farm to School programs strive to improve children's health through hands-on learning experiences that teach kids where food comes from and how food choices impact their bodies, their environment, and their communities. The lessons they learn extend beyond the school to their families and neighborhoods. Your support helps build healthy kids, healthy families, and vibrant communities.

YOUR IMPACT



7,500

CHILDREN
RECEIVED NUTRITION AND
GARDENING EDUCATION



50

LOCAL SCHOOLS
PARTNERED WITH
THE CFB TO SUPPORT
HEALTHY EATING



10

SCHOOLS
ARE SERVING
STUDENT-GROWN
PRODUCE IN THEIR
SCHOOL CAFETERIA

MOLLY

Teacher at Borton Elementary

“There are students who feel very successful out in the garden. It makes them feel good when they're an expert at something. And to put the work into growing that food, and then to eat that food—that investment in what you eat is so important.”



Thank you for sharing our vision of a healthy, hunger-free community!

30,000 individuals contributed \$11 million

Last year, more than 30,000 individuals just like Lisa and Gary contributed more than \$11 million to support our programs throughout southern Arizona. We are so grateful for your partnership and steadfast generosity.



LISA & GARY ISRAEL

Giving for 33 years

“My family always gave to the Food Bank,” says Lisa. “It’s just been ingrained in us from the beginning.” Lisa and Gary have been giving to the Community Food Bank for 33 consecutive years. “It’s important to us to help our own community and support local organizations,” says Gary. “We don’t want to forget how lucky we are. As long as we’re fortunate enough to eat well, we’ll help others to whatever extent we can.” “The Community Food Bank is one of the most trusted places to give to,” says Lisa. “They have such long-standing roots in our communities.”

CARIDAD COMMUNITY KITCHEN INSPIRING SUCCESS

With your support in 2016, 28 students have a new shot at success. Last year, three classes of students graduated from Caridad’s Culinary Training Program with new kitchen expertise, job and life skills, and—most importantly—newfound confidence. More than 84% of students have now found gainful employment in the food industry. And during their time at Caridad, students assisted in the preparation of over 150,000 meals distributed to the hungry in our community. Feeding the hungry today and inspiring success tomorrow—you make it possible.



YOUR IMPACT

 160,653

MEALS WERE SERVED BY 37 STUDENTS WHO GRADUATED FROM THE PROGRAM

 84%

OF GRADUATES ARE NOW GAINFULLY EMPLOYED IN THE FOOD INDUSTRY

NEW AMBASSADOR PROGRAM CREATES ADVOCATES FOR CHANGE

Living in a healthy, hunger-free community is possible when we join our voices together, speak out, and engage our neighbors in making change. Our new ambassador program provides in-depth training about our mission and approaches to issues of health and poverty. Ambassadors become leaders who work with staff and out in the community to extend our reach and scope.

YOUR IMPACT

 **17** COMMUNITY VOLUNTEERS HAVE BEEN TRAINED TO BECOME CFB AMBASSADORS

 AMBASSADORS PARTICIPATED IN **50 COMMUNITY EVENTS**, REACHING MORE THAN **500,000 PEOPLE**

GARDEN LEADERS BUILD COMMUNITY

We believe our community has the power to create a healthy, abundant local food system. By sharing resources, skills and knowledge, we grow leaders, partners and stewards of desert food cultivation. Our garden leaders empower their peers and neighbors to improve their health—and connect to their roots.

YOUR IMPACT

 **2,000** PEOPLE ATTENDED **166 WORKSHOPS** ON GARDENING AND HEALTHY EATING

 **14** COMMUNITY GARDENS WERE INSTALLED IN PUBLIC SPACES



RAYMOND

Garden Program Participant

“The garden workshops are really comfortable and the people who teach them are very friendly and knowledgeable. You can learn a lot—not just from the people teaching but from everybody around. People get to know each other.”



COMMUNITY DEVELOPMENT

We believe building a stronger local economy will create more jobs and economic opportunities for individuals and families. That's why we're committed to investing in small farms and local food businesses and leading the national movement to build sustainable local food systems.

GROWING SUPPORT FOR SMALL FARMS

Regional agriculture is a vital component of food security—when we invest in local food systems, we invest in a healthy, hunger-free tomorrow. Our Farm-to-Institution Program aims to fill the market gap between farmers and institutional purchasers, providing economic security for local growers, increasing the region’s healthy food supply, and keeping resources within the local community. Last year, 18 local farms sold over 12,500 pounds of produce to large markets, including Tucson Unified School District—that’s 60,000 local students eating school lunches grown right here in Southern Arizona.

YOUR IMPACT

 **\$30,000**

IN LOCAL **PRODUCE SALES**
WAS GENERATED IN THE FIRST YEAR
OF FARM TO INSTITUTION

 **62,500**

**SERVINGS OF LOCAL FRUITS AND
VEGETABLES** WERE DISTRIBUTED
THROUGH INSTITUTIONS

 **18**

LOCAL FARMS CONNECTED TO
INSTITUTIONAL BUYERS INCLUDING
HOSPITALS AND SCHOOLS



JOHN RUEB

Owner, Forever Yong Farms

“The Food Bank’s mission isn’t that different from ours—we want to get healthy, local food to everyone, regardless of economic class,” says John. “It’s a natural partnership.” John, of Forever Yong Farms in Amado, Arizona, grows chard and other vegetables that supply Tucson Medical Center. “We’re providing good, local food to large markets, and we’re able to support our farm.”

More than 25,000 people in Cochise County lack access to nutritionally-adequate foods. Diet-related disease is prevalent, and nearly 80% of client households in the region live below the Federal Poverty Level



MARGARET HEPBURN

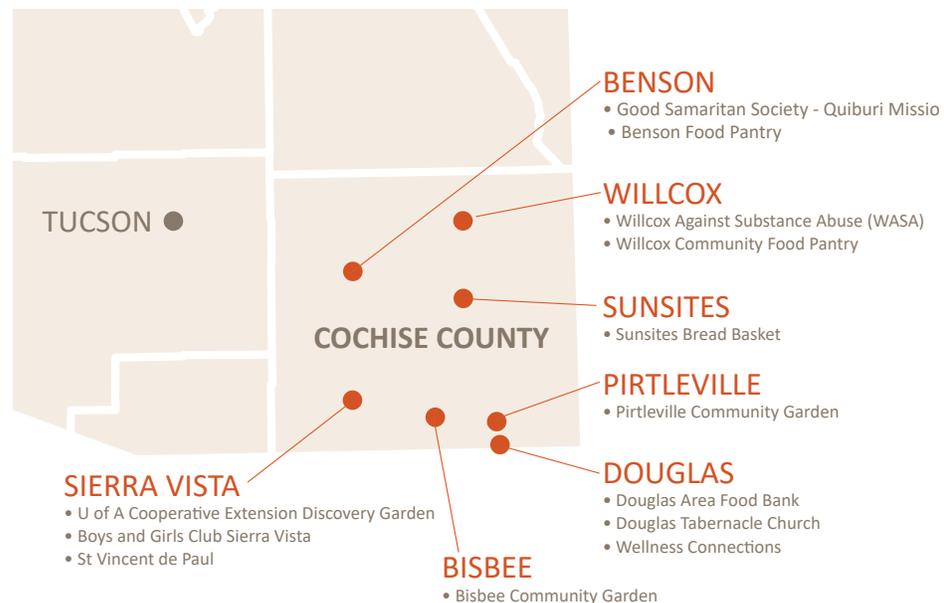
CEO, Legacy Foundation

“It’s not just about providing food,” says Margaret Hepburn, CEO of the Legacy Foundation of Southeast Arizona. “It’s not just about hunger. When you live in poverty, you can’t nourish the body fully. Hunger and health are interconnected.” The Legacy Foundation has provided a grant of \$500,000 to the Community Food Bank to improve food security in Cochise County. “The Community Food Bank has the expertise to address poverty at its root. We’re happy to build relationships in the community and support the organizations doing this work.”

PARTNERING TO IMPROVE HEALTH IN COCHISE COUNTY

In partnership with the Legacy Foundation of Southern Arizona, the Community Food Bank has launched a grant program to support Cochise County organizations that increase access to healthy food for people in need and reduce food insecurity in the region. “There is a complex interrelationship between food insecurity, poverty, and health,” says Michael McDonald, CEO of the Food Bank. “With this grant, we are well-poised to expand our work in these communities, making improvements to socioeconomic health, and serving as a catalyst for preventative healthcare that will reduce diet-related diseases.” Last year, the Community Food Bank awarded \$103,000 from this fund to 12 nonprofit organizations.

2016 COCHISE CAPACITY GRANTEES



BUILDING LOCAL FOOD SYSTEMS

Last year, the Punch Woods Endowment Grant Program awarded \$19,000 to five nonprofit organizations who share our vision of a healthy, hunger-free community. These diverse organizations engage communities by providing gardening and cooking education; increasing access to healthy, culturally appropriate foods; and teaching people how to incorporate desert foods into their daily lives.

“We’re grateful to past CFB President and CEO, Punch Woods, for leaving a legacy that will impact the community for generations to come.”

- Michael McDonald, President & CEO

2016 PUNCH WOODS GRANTEES

Desert Harvesters in support of the Sonoran Desert Wild-Foods Cookbook Project, a resource guide to educate the community on how to integrate rain-fed, desert foods into their daily lives

La Frontera for the renovation of three Community Wellness Gardens maintained and harvested by program participants for use in cooking classes and at the Sonora House homeless shelter.

Ajo Center for Sustainable Agriculture to double SNAP benefits for people shopping at Ajo Farmer’s Markets.

Bisbee Rotary Charities to underwrite one year of garden education and membership at the Rotary Community Garden for 24 participants.

HOPE, Inc. to add a second community garden plot at Doolen Middle School and expand nutrition education programming including classes on gardening, cooking and food safety.

YOUR IMPACT

\$172,000

IN TOTAL **GRANT SUPPORT AWARDED**

\$103,000

**GRANTED TO 12
NONPROFIT ORGANIZATIONS**
FROM THE COCHISE COUNTY
CAPACITY BUILDING GRANTS

\$19,000

**GRANTED TO 5 NONPROFIT
ORGANIZATIONS**
FROM THE PUNCH WOODS
ENDOWMENT GRANTS



Desert Harvesters volunteer Elizabeth Smith harvests prickly pear, a desert favorite known for lowering glucose levels in people with type-2 diabetes.



2016 HIGHLIGHTS & FINANCIALS

WILLCOX DISTRIBUTION CENTER

OPENS ITS DOORS TO
BETTER SERVE RURAL
COMMUNITIES



AMBER SUMNER

Volunteer Organizer,
Duncan Food Bank

“We have families with no transportation who live an hour away from the nearest store,” says Amber, who runs the Duncan Food Bank in rural Duncan, Arizona.

“It can be hard to find fresh food.” For families already struggling with poverty, healthy food is often inaccessible in rural areas. “Having the Community Food Bank in Willcox has helped us bring food right here to people who need it. They bring us fresh produce that we just wouldn’t have otherwise.”

OTHER ACHIEVEMENTS

RETAIL DONATION PROGRAM RESCUES **8.6 MILLION POUNDS OF FOOD** FROM LOCAL SUPERMARKETS

Fresh produce, meat, dairy, and eggs are rescued from local grocery retailers and distributed to our community partners through the Agency Partner program.

CFB FARMERS’ MARKETS GENERATE **\$300,000 IN SALES** FOR LOCAL GROWERS

Nearly 900,000 servings of locally-grown fresh fruits and vegetables were made available at the three CFB operated markets strategically placed in “food deserts” where residents have little access to fresh, healthy foods.

COMMUNITY FOOD BANK FOUNDS THE **CLOSING THE HUNGER GAP NATIONAL NETWORK**

The network hosted its second bi-annual conference with over 500 attendees from food banks, farms, and organizations focused on health, education, and food justice.

SNAP (FOOD STAMP) SPENDING GENERATED **\$7 MILLION IN LOCAL ECONOMIC IMPACT**

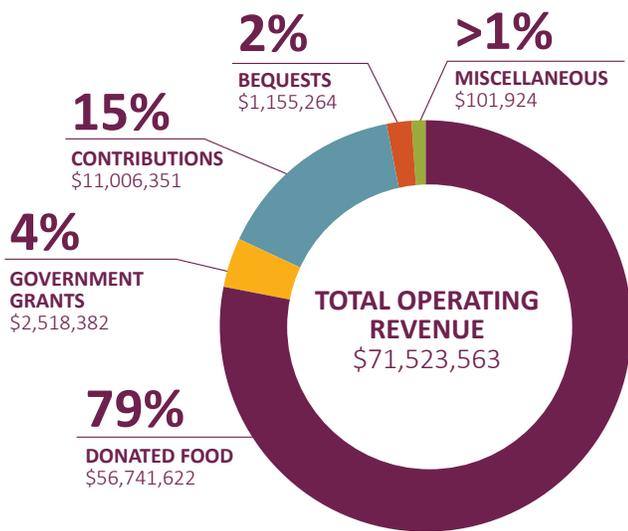
Last year, 2,354 families were enrolled in SNAP assistance through the Gabrielle Gifford Family Assistance Center. More than 1.6 million meals were made available through the program.

AGENCY MARKET PROVIDES FOOD TO **MORE THAN 300 COMMUNITY PARTNERS**

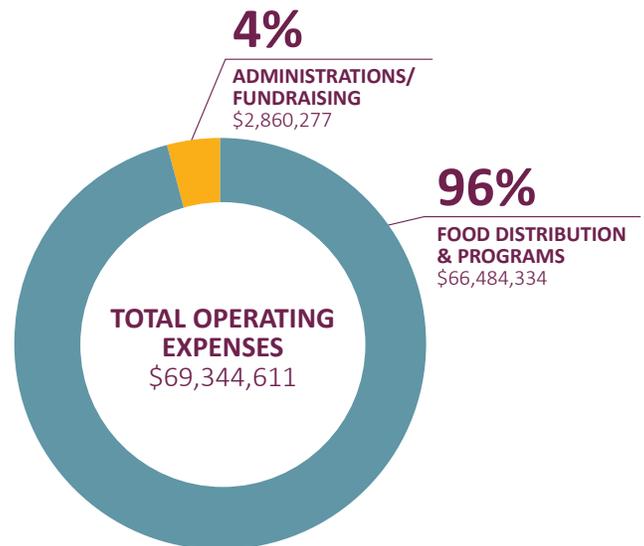
Our vast network of nonprofit and faith-based organizations provided over 5.8 million meals across both urban and rural areas of southern Arizona.

FINANCIAL POSITION

ANNUAL OPERATING REVENUE JULY 1, 2015 - JUNE 30, 2016



ANNUAL OPERATING EXPENSES JULY 1, 2015 - JUNE 30, 2016



NET ASSETS AND EXPENSES

NET ASSETS

Unrestricted	\$17,855,036
Temporarily Restricted Net Assets	\$1,537,755
Permanently Restricted Net Assets	\$296,910
TOTAL NET ASSETS	\$19,698,701

EXPENSES

Hunger Relief Programs

Emergency Food Boxes (TEFAP)	\$34,068,569
Agency Market	\$24,650,200
Food Plus (CSFP)	\$4,256,164
Child Nutrition Programs	\$843,335

Community Investment Programs

Community Food Resource Center (CFRC)	\$1,764,082
Caridad Community Kitchen	\$881,281
Multi-Service Center	\$20,703

PROGRAMS EXPENSES TOTAL

PROGRAMS EXPENSES TOTAL	\$66,484,334
Fundraising	\$2,153,426
Administration	\$706,851

TOTAL EXPENSES

\$69,344,611

YOUR IMPACT



41

MILLION POUNDS
OF FOOD DISTRIBUTED



5,616

MEALS/HOUR
BASED ON 1 POUND OF
FOOD EQUALS 1.2 MEALS



8,000

SENIORS RECEIVED
HUNGER RELIEF SERVICES



CORPORATE PARTNERS

ABR Imagery
 Albertsons LLC
 Anthem Blue Cross
 Ashton
 Bank of America
 BBVA Compass
 Blue Cross Blue Shield of Arizona, Inc.
 Casino Del Sol
 CBIZ Benefits & Insurance Services, Inc.
 Country Fair White Elephant, Inc.
 Cox Communications
 Desert Diamond
 Casinos & Entertainment
 Feeding America

FLSmith Krebs
 Freeport-McMoRan
 Geico
 Intech Health Ventures, Inc.
 Keegan, Linscott & Kenon P.C.
 Kroger
 La Posada at Park Centre, Inc.
 Long Realty
 Meritage Homes
 NRG Energy Inc.
 Port Devanning Services, LLC
 Raytheon Company
 Research Corporation for Science
 Advancement

Sam Levitz Furniture Co.
 Simply Bits, LLC
 Southwest Energy LLC
 Southwest Gas Corporation Foundation
 Thermo-Specialties, Inc.
 Tucson Electric Power Co.
 Tucson Medical Center
 Volk Company
 Walmart
 Walmart Stores, Inc.
 Wells Fargo Foundation
 Western Refining
 Wholesum Farms Arizona, LLC

MEDIA PARTNERS

AdVision Outdoor
 Cumulus Broadcasting
 (KHYT, KIIM-FM, 97.5 The Vibe, KTUC)
 Edible Baja
 The E.W. Scripps Company
 (KGUN9, CW Tucson, 94.8 MixFM, 104.1
 The Truth, 1490 ESPN, 106.3 The Groove)
 Green Valley News-Sun
 iHeart Media
 (KRQ, My 92.9, Hot 98)
 KGVY LLC
 KOLD News 13
 KVOA Communications, Inc.
 KVOI

KXCI Community Radio
 Lotus Communications
 (KLPX, La Caliente, KFMA)
 Sierra Vista Herald
 Tucson Lifestyle
 Tucson Weekly
 Willcox Range News

SEEDS OF LIFE

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 Brenda Balius
 Marilyn M. Bicking
 Gwendolyn Crews
 Derwent W. Deshazer
 Rosemary H. Engler
 Claire Livesey
 Antonio Morales
 Mary Lorene Paschal
 Jeanette M. Pontacq
 T. Jay Thompson
 Erich T. Zielinski

OUR MISSION

We change lives in the communities we serve by feeding the hungry today, and building a healthy, hunger-free tomorrow.

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COMMUNITY FOOD BANK
OF SOUTHERN ARIZONA

communityfoodbank.org

3003 S. Country Club Road
Tucson, AZ 85713
Phone (520) 622-0525

THE COMMUNITY FOOD BANK, a nonprofit 501(c)(3) charity, relies on over 120 employees and hundreds of community volunteers to ensure that the people of Southern Arizona have access to the food and programs they need. The food bank is based in Pima County and also serves Cochise, Graham, Greenlee and Santa Cruz counties. The Community Food Bank provides services to eligible applicants without regard to race, color, creed, religion, handicap, age, national origin, sexual orientation, political beliefs or gender.

