



MENTAL HEALTH RESOURCES



National Suicide Prevention Hotline

- 1 (800) 273-8255

24/7 Southern Arizona Crisis Line

- (520) 622-6000 or 988
- Chat at 988lifeline.org

Crisis Response Center

- 2802 E District St
- (520) 301-2400
- Open 24/7
- bannerhealth.com/locations/tucson/banner-university-medical-center-south/behavioral-health

HOPE, Inc.

- 1200 N Country Club Rd
- (520) 903-6610
- 8 am – 5 pm
- Email: info@hopearizona.org
- hopearizona.org

Community Bridges, Inc.

- Call for locations
- (877) 931-9142
- communitybridgesaz.org

CODAC

- Call for locations
- (520) 202-1792
- codac.org

La Frontera

- Call for locations
- (520) 383-5600
- 8 am – 5 pm
- lafronteracenter.org

COPE Community Services

- Call for locations
- (520) 792-3293
- 8 am – 5 pm
- copecommunityservices.org



COMMUNITY FOOD BANK
OF SOUTHERN ARIZONA

SALUD MENTAL

National Suicide Prevention Hotline

- 1 (800) 273-8255

24/7 Southern Arizona Crisis Line

- (520) 622-6000 or 988
- Chatear en 988lifeline.org

Crisis Response Center

- 2802 E District St
- (520) 301-2400
- Abierto 24/7
- bannerhealth.com/locations/tucson/banner-university-medical-center-south/behavioral-health

HOPE, Inc.

- 1200 N Country Club Rd
- (520) 903-6610
- 8 am – 5 pm
- Email: info@hopearizona.org
- hopearizona.org

Community Bridges, Inc.

- Llámenos para conocer las ubicaciones
- (877) 931-9142
- communitybridgesaz.org

CODAC

- Llámenos para conocer las ubicaciones
- (520) 202-1792
- codac.org

La Frontera

- Llámenos para conocer las ubicaciones
- (520) 383-5600
- 8 am – 5 pm
- lafronteracenter.org

COPE Community Services

- Llámenos para conocer las ubicaciones
- (520) 792-3293
- 8 am – 5 pm
- copecommunityservices.org



COMMUNITY FOOD BANK
OF SOUTHERN ARIZONA